

NEWSLETTER

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SUBHVAISHALI FOUNDATION DELEGATION MEETS HON. SHARAD PAWAR SAHEB

9 September 2026 | Silver Oak

On 9 September 2026, a delegation from Subhvaishali Foundation visited Silver Oak for a meaningful meeting with Hon. Sharad Pawar Saheb.

The delegation presented the Foundation's vision for the Beejankur Environmental Initiative and discussed the proposed collaboration with Rayat Shikshan Sanstha.

The meeting provided an opportunity to share the Foundation's environmental vision and discuss the way forward for creating meaningful, student-led environmental action. 🌱



2

BEEJANKUR — SEEDS OF CHANGE

The discussion focused on Beejankur, Subhvaishali Foundation's environmental initiative, with an ambitious mission of preparing and using 26 Lakh Seed Balls.

The initiative aims to bring together students, educational institutions and communities to transform environmental awareness into meaningful action.

★ OUR KEY FOCUS ★

🌱 26 Lakh Seed Balls {Our Mission Target}

🏠 Rayat Shikshan Sanstha {Proposed Collaboration}

👤 Students & Youth {Active Participation}

🌿 Environmental Conservation {Our Core Focus}

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MEET THE SUBHVAISHALI FOUNDATION'S DELEGATION

The delegation representing Subhvaishali Foundation:

- ★ Mr. Mayur Subhash Thoke { Founder & Director }
- ★ Ms. Reshma Rajaram Waybhat { Co-Founder & Director }
- ★ Mr. Prasad Vijay Dushing { Project Coordinator & Board Member }
- ★ Mr. Atharv Ganesh Khade { Legal Head SVF }
- ★ Mr. Aarush Sandeep Khoriya { Legal Team SVF }

Through Beejankur, Subhvaishali Foundation envisions connecting education, youth participation and environmental conservation to build a greener and more sustainable future.



**"Ten Seed Ball. One Student.
One Step Towards a Greener Future."**

subhvaishalifoundation.org.in

A Note from the **Director & Co-Founder**

SUBHVAISHALI FOUNDATION



We started **"Voices That Matter"** with one simple thought — everyone has a perspective, but not everyone gets a platform to express it.

At Subhvaishali Foundation, we believe that meaningful change begins when we listen to people, understand their experiences, and encourage them to think beyond themselves.

"Voices That Matter" is an opportunity for our volunteers to share their thoughts and perspectives on issues that affect our society — **from health and education to society, technology, and the environment.**

There are no right or wrong answers here. What matters is your perspective, your reasoning, and your willingness to think, reflect, and share.

Our aim is not simply to collect opinions. We want to create meaningful conversations, encourage awareness, and give people a platform to look at everyday issues with greater understanding and empathy.

Some of these voices and perspectives may also be featured in our monthly newsletter, allowing one person's thought to become a source of reflection and inspiration for others.

Because change doesn't always begin with a big action. Sometimes, it begins with a thought, a conversation, or simply the courage to speak.

THIS IS WHY WE STARTED "VOICES THAT MATTER."

Because your voice matters. Your perspective matters.

And your ideas can inspire change 🌱

Reshma Rajaram Waybhat

Reshma Rajaram Waybhat
Director & Co-Founder
Subhvaishali Foundation

VOICES THAT MATTER

Real People | Real Perspectives | Brighter Tomorrow.



Dr. Vaishnavi Jadhav

Consultant Physiotherapist
SVF Volanteer

01 | HEALTH

MENTAL HEALTH AND WELL-BEING



Why do you think people still hesitate to talk openly about mental health?

People often hesitate to talk openly about mental health because of fear of judgment, misunderstanding and social stigma. Many worry that expressing their struggles may make them appear weak or incapable of handling situations.

Through my own experiences, I have realised that mental well-being is not only an individual responsibility; the environment around us matters too. A respectful, supportive and healthy environment can make people feel more comfortable speaking openly.

This is especially important in workplaces, where understanding, respect and healthy communication can positively influence individuals and their relationships beyond work.

We need to create an environment where saying “I am not okay” is not seen as a weakness, but as an honest step towards becoming okay.

“ Saying ‘I am not okay’ is not a weakness, but an honest step towards becoming okay. ”

VOICES THAT MATTER

Real People | Real Perspectives | Brighter Tomorrow.



Shweta Shinde
Nashik Dist Coordinator

02 | SOCIETY

EMPATHY IN TODAY'S SOCIETY

 In a society where everyone is busy with their own lives, how can we encourage people to become more empathetic?

In today's busy world, people often become so focused on their own problems that they may overlook what others are going through. We can encourage empathy by learning to listen, understand and help others without judging them.

Simple acts—asking someone if they are okay, helping a person in need, or simply being kind can make a meaningful difference.

Schools, colleges and communities can also create opportunities that promote kindness, teamwork and understanding.

Most importantly, we should lead by example. When we show empathy towards others, we encourage them to do the same. In this way, small acts of kindness can help build a more caring and understanding society.

**“ When we show empathy towards others,
we encourage them to do the same ”**

VOICES THAT MATTER

Real People | Real Perspectives | Brighter Tomorrow.



Priyanka Chaudhary
SVF Volunteer Nashik

03 | ENVIRONMENT

INDIVIDUAL RESPONSIBILITY FOR THE ENVIRONMENT



Can individual actions make a meaningful environmental impact?

Individual actions can make a meaningful difference in protecting the environment. Although one person's contribution may seem small, the combined efforts of millions of people can create a significant positive impact.

Simple daily choices—reducing single-use plastic, saving electricity and water, using public transport, avoiding food waste, recycling and planting trees—can help reduce pollution and conserve natural resources.

At the same time, governments and industries also have an important role in creating larger environmental changes. When individuals, communities, governments and industries work together, small actions can contribute to meaningful environmental change.

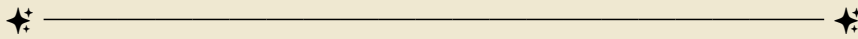
“ One person's contribution may seem small,
but the combined efforts of millions can
create a significant positive impact. ”

DONATE US

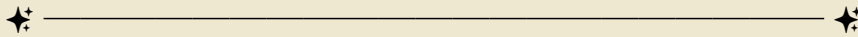
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परोपकारार्थमिदं शरीरम् ॥



Trees bear fruit for the benefit of others,
Rivers flow for the benefit of others,
Cows give milk for the benefit of others,
Likewise, this human life is meant
for the welfare of others.